

Longs Peak Scottish-Irish Highland Festival



PHOTOS BY DAVE GIBSON

A medieval tradition

Above, left; Weight for distance tests strength and agility. Above, right; Not for girly men or women! Both sexes compete in the same events. See story page 10, 11.

Tungsten Village residents move in



PHOTO BY SARA SANDSTROM-KOBI

John Scarffe
Nederland

The Tungsten Village ribbon cutting for senior affordable housing in Nederland will take place on September 23, 2020, from noon to 1 p.m. The Boulder County Housing Authority is excited to take community members on an insider's tour of Nederland's newest development of permanently affordable homes and introduce the community that made it possible.

Event speakers and videos will highlight some of the unique features that make Tungsten Village special. Join the virtual live event at bit.ly/TungstenVillage

Norrie Boyd, Housing Division Director with Boulder County Housing and Human Services, updated the Nederland Board of Trustees on June 4 regarding construction of the affordable housing project, called Tungsten Village, to be located on Third Street by Calvary Chapel in Nederland. She said the exterior is pretty much

New Neighbors

Tungsten Village opened its doors in August to new residents. This is a new affordable housing unit in Nederland. Welcome to our neighbors!

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QUOTE OF THE WEEK

"The greatest glory in living lies not in never falling, but in rising every time we fall." ~Ralph Waldo Emerson

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PHOTOS BY DAVE GIBSON

Let the games begin

Top, left; The official world record for weight over bar is more than 20ft. Top, right; Stretching back three millennia, hurling predates recorded history. Bottom, left; What's under a Scotsman's kilt? — No one has ever had the guts to ask these guys.



Dave Gibson Estes Park

The Scottish Highlands have historically been a rugged sanctuary from which to defend against invaders and warring clans throughout the often volatile and violent centuries. Today's Highland games are believed to have evolved from fitness training for the various militias and armies of the region. Those warriors of yore were known for their ferocity, strength, and courage.

In Estes Park, CO, September 11 – 13, 2020, modern-day warriors tested their mettle against one another at the Longs Peak Scottish-Irish Highland Festival just for the fun of

it without any battles to prepare for. The competition was only open to those with a "brave heart."

Events like the Scottish hammer throw and weight throw tested agility and strength as participants spun the heavy metal objects around and hurled them as far as they could. Hammer throwers wore special shoes with 6-inch blades protruding from the toes to dig into the turf for added traction. In the sheaf toss, a 20 lb. bundle of straw wrapped in burlap is flung by pitchfork over a bar. The action simulates what a field worker might do during harvest — after all, "an army marches on its stomach."

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"Picking up the pieces is way better than leaving them the way they are."

—Simone Elkeles



Online worship is happening every Sunday at 10 a.m.

Videos available at www.youtube.com/hansenwendlandt or www.facebook.com/Nederlandpc, or on our website at www.nederlandpc.org.

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Alba gu bràth! (Scotland forever!)

Above, left; The caber toss is always a crowd favorite. Above, right; A competitor heaves a 26 lb. stone in the stone put. Below, right; Tossing sheaf was good practice for keeping the troops fed. The world record in the sheaf toss is 37 feet, 1 inch.

Continued from page 10

Similar to the shot put, stones as heavy as 26 lbs. for men and 18 lbs. for women were sailed in the stone put. In the weight for height category, a 56 lb. weight is willed over a bar as in the sheaf toss. American Dan Williams holds the official world record at 20 feet, 3 inches. Thought to have originated from the practical exercise of spanning narrow chasms with tree trunks for crossing, the

caber toss is probably the event most identified with the Highland games. A tapered log (caber) is lifted with interlocked hands, balanced upright on the neck and shoulder as the athlete runs forward launching the caber into the air. With any luck, it will turn end-over-end and land straight; the caber toss isn't judged on distance, but how close the log rests to 12 o'clock. On Sunday, one kilted competitor nailed it exactly to the cheers of the appreciative spectators.

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